

Idea	Cost	Contact info
52 free things to do with your Mentee around Portland	Free - One adventure for each week of the year! categorized by season	<a href="http://www.oregonmentors.org">www.oregonmentors.org</a> CliSee on Resource Library then Activity Planning 52 Free Activities-PDF
Metro Parent-PDX Kids Calendar	Varies - Annual Family Resource Guide Comprehensive list of family friendly activities	<a href="http://www.metroparent.com">www.metroparent.com</a> <a href="http://www.pdxkidscalendar.com">www.pdxkidscalendar.com</a> 503-460-2774
Red Tricycle PDX	Varies - great weekly calendar of all kinds of fun kid events around town	<a href="http://www.redtri.com-Portland">www.redtri.com-Portland</a>
Portland on the Cheap activities all over town	See site for info on free or reduced admissions	<a href="http://www.portlandonthecheap.com">www.portlandonthecheap.com</a>
Ideas for different attractions and sightseeing in Oregon	Free and varies depending on attraction	<a href="http://www.oregon.com/attractions">www.oregon.com/attractions</a> Sightseeing
Community Recreation: classes, activities, camps, swim-indoor/outdoor pools	Varies - depends on community. Scholarships may be available with parent's completed application and income verification	<a href="http://www.ortlandonline.com/parks/find">www.ortlandonline.com/parks/find</a> <a href="http://www.greshamoregon.gov/play">www.greshamoregon.gov/play</a> <a href="http://www.thprd.org">www.thprd.org</a>

## Outdoor

Water Parks, Splash Pads and Fountains	Free - all over the city	<a href="http://www.pdxkidscalendar.com/portland-area-water-parks/">www.pdxkidscalendar.com/portland-area-water-parks/</a>
Explore Parks & Trails Guide to easy local hikes	Free	<a href="http://www.theintertwine.org">www.theintertwine.org</a> <a href="http://www.portlandhikers.com">www.portlandhikers.com</a> <a href="http://www.trails.com">www.trails.com</a>
Wilson High School Pool – slides, water spouts, fountains & current channel	Call for fee and hours	1151 SW Vermont St Ptd 503-823-3680
Park on marine Drive and watch the planes take off	Free	
Tryon Creek State Park -Walk or check out events	Free	<a href="http://www.tryonfriends.org">www.tryonfriends.org</a>
Visit Tualatin River National Wildlife Refuge	Free	<a href="http://www.fws.gov/tualatinriver/">www.fws.gov/tualatinriver/</a>
See the view from Rocky Butte - Joseph Wood Hill Park	Free	<a href="http://www.recreationparks.net/or/multnomah/roSeebybutte">www.recreationparks.net/or/multnomah/roSeebybutte</a>
Walk around a local Farmers Markets	Free - usually weekends May-Oct	<a href="http://www.portlandfarmersmarket.org/">http://www.portlandfarmersmarket.org/</a>

Do a volunteer activity together	Free	Look for ideas at <a href="http://www.handsonportland.org">www.handsonportland.org</a>
Multnomah Falls and other falls in the Columbia Gorge	Free	<a href="http://www.oregon.com/attractions/multnomah_falls">http://www.oregon.com/attractions/multnomah_falls</a>
Sunday Parkways Take a car free summer walk or bike ride and discover new areas of the city	Free One Sunday a month May-Sept. food, music and activities at parks in each area	Google: Portland Sunday Parkways Or <a href="http://www.portlandoregon.gov/transportation">www.portlandoregon.gov/transportation</a>
Summer Concerts and Movies in the Park	Free	For schedules go to <a href="http://www.portlandoregon.gov">www.portlandoregon.gov</a> arts and culture Portland parks and Recreation
Take a tour or hike at Hoyt Arboretum	Free - hikes Tours \$3.00 Saturday Apr-Oct	<a href="http://www.hoytarboretum.org/">www.hoytarboretum.org/</a> 4000 SW Fairview Blvd Ptld 503-865-8733
Picnic at Pittock Mansion	Free Mansion Tour- Adults: 11.00 Children: 8.00	<a href="http://www.pittockmansion.org/">www.pittockmansion.org/</a> 3229 NW Pittock Dr Ptld 503-823-3623
Enjoy the Rose Garden at Washington Park	Free	<a href="http://www.washingtonparkpdx.org">www.washingtonparkpdx.org</a>
Take a nature walk at Leach Botanical Garden	Free Tue-Sat 9-4 Sun 1-4	<a href="http://www.leachgarden.org/">www.leachgarden.org/</a> 503-823-9506 6704 SE 122 <sup>nd</sup> Ave Ptld
Walk through the Saturday Market downtown	Free Sat.& Sun 3/1-12/24 eve	<a href="http://www.portlandsaturdaymarket.com">www.portlandsaturdaymarket.com</a> 2 SW Naito Pkwy Ptld
Ride bikes together	Free	
Explore the Portland waterfront, Pioneer Courthouse Square	Free	
Walk through shops on NW 23rd	Free	
Visit Crystal Springs Rhododendron Garden	Mon/Tue free for all -12 and under free -Adults \$5.00	<a href="http://www.rhodies.org">www.rhodies.org</a> 503-771-8386 5801 SE 28 <sup>th</sup> Ave Ptld
Audubon Society- visit the sanctuary	Free M-Sat 10-6 Sun-10-5	<a href="http://www.audubonportland.org">www.audubonportland.org</a> 503-292-6855 5151 NW Cornell Rd. Ptld
Take a walk at Elk Rock Garden at the Bishop's Close	Free -donations 8:00am-5:00pm	<a href="http://www.elkrockgarden.org/">www.elkrockgarden.org/</a> 11800 SW Military Lane Ptld.
Have a picnic at Jenkins Estate	Free	<a href="http://www.thprd.org/facilities/jenkins/home.cfm">www.thprd.org/facilities/jenkins/home.cfm</a> 8005 SW Grabhorn Rd. Beaverton
Japanese Garden	Open everyday Youth 6-17 \$10.45	<a href="http://www.japanesegarden.com">www.japanesegarden.com</a> 503-223-1321

	Adult \$14.95	611 SW Kingston Ave Ptld CheSee site for seasonal hours
Lan Su Chinese Garden	Open everyday Youth 6-18 \$7.00 Adults \$10.00	<a href="http://www.lansugarden.org">www.lansugarden.org</a> 503-228-8131 239 NW Everett St. Ptld CheSee site for seasonal hours
4T Trail - Trains, Trails, Trams and Trolleys-oh my!	Cost \$5 all-day, 2-zone pass for MAX & Trolley, Tram is free for the ride down	4T Trail <a href="http://www.travelportland.com">www.travelportland.com</a> Self guided urban nature tour
View Willamette Falls from Oregon City Municipal Elevator observation deck and path	Free M-Sat 7-7 Sun 11-7pm	<a href="http://www.orcity.org">www.orcity.org</a> 6 <sup>th</sup> and High St. OC
Oaks Bottom Wildlife Refuge Do the loop	Free 5am- midnight	<a href="http://www.portlandoregon.gov/parks/finder/index.cfm?&amp;propertyid=490&amp;action=ViewPark">http://www.portlandoregon.gov/parks/finder/index.cfm?&amp;propertyid=490&amp;action=ViewPark</a> SE 7 <sup>th</sup> Ave & Sellwood Blvd
Visit a train museum- Oregon Rail Heritage Center	Free-Thur-Sun.1-5 Train rides-Sat. only	<a href="http://www.orhf.org/">www.orhf.org/</a> 2250 SE Water Ave Ptld 503-233-1156
Go fishing at a stocked pond at Indian Springs Trout/Catfish Farm	Cost: by length Wed-Sun 8-6 closed 12/1 to 3/1	<a href="http://www.mthoodterritory.com">www.mthoodterritory.com</a> Indian Springs Trout Farm 503-631-2318 17951 S Springwater Rd, Oregon City
Rainbow Trout Farm	Cost: by length See site for days/hours	<a href="http://www.rainbowtroutfarm.com">www.rainbowtroutfarm.com</a> 503-622-5223 52560 E. Sylvan Dr. Sandy
Miniature golf	Various locations and prices	Eagles Landing 503-698-7888 Hazel Del golf-o-rama 360-694-44719 Sah-Hah-Lee 503-655-9249, Oaks Park
Apple Festival	Free- mid Oct.See site for dates	<a href="http://www.portlandnursery.com">www.portlandnursery.com</a> 503-231-5050 5050 SE Stark Portland
Sky High Sports Trampoline Park	Cost: All ages- \$14/Hr. Legal Guardian must sign waiver – avail.on website	<a href="http://www.jumpskihigh.com">www.jumpskihigh.com</a> 503-924-5867 11131 SW Greenburg Rd Tigard M-Tue 2 <sup>nd</sup> Hr. \$8.00. Book online 2 days in advance to avoid lines. Special court for little jumpers.
Wooden Shoe Tulip Festival	Cost: \$20 per car Late Mar-Apr	<a href="http://www.woodenshoe.com">www.woodenshoe.com</a> Woodburn OR
Ride a horse on a trail or in an	Cost: \$150= 2 hrs	<a href="http://www.dreamridgestable.com">www.dreamridgestable.com</a>

arena - instruction included	Reservations required	20524 S. Ridge Rd. OC 503-631-8466
Canby Ferry	\$5.00/vehicle	4116 N Locust, Canby 503-650-3030
Mt St. Helens National Park	Cost: some fees	<a href="http://www.fs.usda.gov/mountsthelens">www.fs.usda.gov/mountsthelens</a>
Enchanted Forrest Theme Park 7 miles South of Salem	Cost: See site	<a href="http://www.enchantedforest.com">www.enchantedforest.com</a> 503-371-4242 8462 Enchanted Way SE Turner, OR
The Grotto	Free, but cost for elevator to upper level	<a href="http://www.thegrotto.org">www.thegrotto.org</a> 503-254-7371 8840 NE Skidmore Ptl'd Open 9-5:30 Sun-Sat
Shady Dell Pacific Railroad	Free: May-Oct Donations	<a href="http://www.pnls.org">www.pnls.org</a> 503-829-6866 31803 S. Shady Dell Rd Molalla
Alpenrose Dairy & Christmas in Dairyville	Free: See site for hours	<a href="http://www.alpenrose.com">www.alpenrose.com</a> 503-244-1133 6149 SW ShattuSee Rd. Ptl'd
Stroll down Peacock Lane	Free: Mid Dec to 31st	<a href="http://www.peacocklane.net">www.peacocklane.net</a>
Magness Memorial Tree Farm 2 mile hike in the woods	Free	Map at <a href="http://www.worldforestry.org/tree-farms/magness">www.worldforestry.org/tree-farms/magness</a> 31195 SW Ladd Rd. Sherwood 503-228-1367
Favorite 5 Country Farm Tours West Linn, Sherwood, Wilsonville area	Cost - canned food donation	<a href="http://www.favorite5countryfarms.com">www.favorite5countryfarms.com</a> self guided Spring and Holiday tours
XC Skiing at Teacup Lake Nordic Trail -Mt. Hood	Cost : ski rental varies	<a href="http://www.teacupnordic.org">www.teacupnordic.org</a> Donation at site requested
Play in the snow at Mt Hood & visit Timberline Lodge	Free	
Flower Farmer and Phoenix & Holly Railroad	Train \$5.00 kids 2-12 +Seniors 13-64 \$7.00 See site for hours and activities	<a href="http://www.flowerfarmer.com">www.flowerfarmer.com</a> 2512 N Holly Canby OR 503-266-3581 Train runs Sat-Sun and holidays 10-6pm
Take a ride on the Willamette River Jet Boats	Cost: See site	<a href="http://www.willamettejet.com">www.willamettejet.com</a> 503-231-1532
Visit the pumpkin patch at a local farm	Cost: usually free	Find a farm near you
Play Frisbee at a local park	Free	
End of the Oregon Trail Interpretive Center	Cost: Adults \$13 Kids 4-12 \$7 Youth 13-18 \$9 Seniors \$9	<a href="http://www.historicoregoncity.org">www.historicoregoncity.org</a> 503-657-9336 1726 Washington St. OC See site for hours of operation

<b>Indoor</b>		
Gather a group and tour Franz Bakery	Free	Must have a group of 10, schedule in advance, call 503-232-2191 Ext 4365 or franz.tours@usbakery.com
Portland Winterhawks Hockey	Cost: Varies	<a href="http://www.winterhawks.com">www.winterhawks.com</a> 503-236-4295
Timbers/Thorns Soccer	Cost: Varies	<a href="http://www.timbers.com">www.timbers.com</a> 503-553-5555
Hillsboro Hops Baseball	Varies gen adm \$7 for Frontier Family Berm	<a href="http://www.milb.com">www.milb.com</a> 503-324-4677
Willamette Shore Trolley- Lake Oswego	Cost: Adults \$5 Kids 3-12 \$3. Aug-Oct. Sat & Sun	<a href="http://www.oerhs.org">www.oerhs.org</a> 311 N State Street Trips between LO & Riverwood
Oregon Maritime Museum Explore the Sternwheeler	Adults:\$7 Kids 6-12 \$3 Under 6-free Free 3 <sup>rd</sup> Sat. of month	<a href="http://www.oregonmaritimemuseum.org">www.oregonmaritimemuseum.org</a> 503-224-7724 SW Naito Parkway at Pine St. Ptld
Get Crafty –from messy art, recycled craft classes to paint – you-own-pottery	Cost: Varies per location/activity	See the location list at <a href="http://www.pdxkidscalendar.com">www.pdxkidscalendar.com</a> <u>Guide to Arts and Crafts with kids in Portland</u>
Bullwinkle’s Family Fun Center	Cost: See site Discount on Tuesdays	<a href="http://www.fun-center.com">www.fun-center.com</a> 503-685-6500 Wilsonville
Oaks Park and roller skating rink	Free entry Skate/Rides extra	<a href="http://www.oakspark.com">www.oakspark.com</a> 503-233-5777 See site for specials and discounts on website
-Big Al’s Fun Center bowling and arcade -Safari Sams	Cost: varies	<a href="http://www.ilovebigals.com">www.ilovebigals.com</a> Beaverton & Vanc. WA <a href="http://www.jungleoffun.com">www.jungleoffun.com</a> Sherwood,OR
G6 Air Park - Indoor Trampoline Park	All ages- \$12/Hr. Legal Guardian must sign waiver – avail.on website	<a href="http://g6portland.com">g6portland.com</a> or <a href="http://www.g6airpark.com">www.g6airpark.com</a> 10414 SE Washington St. Ptld 503-255-3334
Browse at Powell’s City of Books	Free	1005 W Burnside Ptld
Ask for the Family Cultural Pass at your local Library	Free or discounted admission to many great local attractions	Clackamas and Washington Co. Libraries (can also be checked out at these libraries with a Mult. Co card). Call a library near you for more information
Visit a historic fire station Jeff Morris Fire Museum	Free - call for hours	<a href="http://www.jeffmorrisfoundation.org">www.jeffmorrisfoundation.org</a> 503-823-3741 900 SE 35 <sup>th</sup> Ave. Ptld
Teach your mentee how to knit	Free	<a href="https://www.youtube.com/watch?v">https://www.youtube.com/watch?v</a>

or build a model car		<a href="#">=Tff3ng-djtk</a>
Tour Bob's Red Mill	Free M-F stating at 10am	<a href="http://www.bobsredmill.com">www.bobsredmill.com</a> 503-654-3215 13521 SE Pheasant Ct. Milwaukie
Portland Aerial Tram	Kids 6 and under free Round trip \$4.35	<a href="http://www.gobytram.com">www.gobytram.com</a> 3303 SW Bond Ave. Ptld 503-494-8283 See site for hours
Museum of the Oregon Territory - Oregon City	Free -donations appreciated Wed- Fri-Sat. 11-4	503-655-5574 <a href="http://www.claSeeamashistory.org">www.claSeeamashistory.org</a>
Portland Police Museum	Free 10-3 T-F	<a href="http://www.portlandpolicemuseum.com">www.portlandpolicemuseum.com</a> 503-823-0019 1111SW 2 <sup>nd</sup> Ave Ptld
OMSI	Gen. admission \$14.50 Youth 3-13 \$9.75 Seniors 63+ \$11.25	<a href="http://www.oms.edu">www.oms.edu</a> 800-955-6674 1945 SE Water Ave, Portland See site for discount/free days
Oregon Zoo	From \$4.95 –\$ 9.95, See site for details	<a href="http://www.oregonzoo.org">www.oregonzoo.org</a> 503-226-1561
Portland Children's Museum	Ages 1-64 \$10.75 Ages 65+ \$9.75 Free 1 <sup>st</sup> Fri. of mo. 4-8pm	<a href="http://www.portlandcm.org">www.portlandcm.org</a> 4015 SW Canyon Rd. Ptld 503-223-6500
Portland Museum of Contemporary Craft	CLOSED	<a href="http://www.museumofcontemporarycraft.org">www.museumofcontemporarycraft.org</a> 724 N Davis St. Ptld 503-223-2654. See site for hours
See a movie	Cost: varies	<a href="http://www.portlandonthecheapmovies.com">www.portlandonthecheapmovies.com</a>
Play some arcade games	Cost: varies	<a href="http://www.wunderlandgames.com">www.wunderlandgames.com</a>
See a Play at your local High School	Cost: varies Spring & Fall	See local high school websites
Rice NW Museum of Rock and Minerals - from meteorites to fossils, Hillsboro	Kids 5-17 \$7 Adults \$10 Seniors 60+ \$9 Wed-Sun 1-5	<a href="http://www.ricenorthwestmuseum.org">www.ricenorthwestmuseum.org</a> 503-647-2418 26385 NW Groveland Dr. Hillsboro
Portland Art Museum	Kids 17 and under Free Adults \$19.99 Seniors 55+ \$16.99	<a href="http://www.portlandartmuseum.org">www.portlandartmuseum.org</a> 503-226-2811 Free 4 <sup>th</sup> Friday/mo 5pm-8pm
JJ Jump Jump around on bouncy castles and mazes	Cost: varies	<a href="http://www.jjjump.com">www.jjjump.com</a> N. Clackamas and Vancouver
Evergreen Aviation Space & Science Museum	Ages 17-64 \$27.00 Youth 5-16 \$19.00	<a href="http://www.evergreenmuseum.org">www.evergreenmuseum.org</a> 503-434-4185

Spruce Goose	Ages 65+ \$24.00 Museum & one movie	500 NE Captain Michael King Smith Way McMinnville
Evergreen Wings & Waves Water Park McMinnville	Call for rates- Over 42 inches \$32 Under 42 inches \$27	<a href="http://www.evergreenmuseum.org">www.evergreenmuseum.org</a> 503-434-4185 500 NE Captain Michael King Smith Way McMinnville
North Clackamas Aquatic Park Milwaukie	Cost Varies- look at website	<a href="http://www.ncprd.com/aquaticpark">www.ncprd.com/aquaticpark</a> 503-557-7873 Family rate-Sundays Call for swim accompaniment requirements.
Glow in the dark mini golf	Cost: varies Matinee discount \$1.50	<a href="http://www.glowinggreens.com">www.glowinggreens.com</a> Downtown and in Beaverton
Go Cosmic bowling/play games	Cost: varies Fri. Discounts	<a href="http://www.pinbusterz.com">www.pinbusterz.com</a> 503-665-2134 3800 SE 164 <sup>th</sup> Ptd
Kids Bowl Free (all summer long)	Various Lanes Registration required	<a href="http://www.kidsbowlfree.com">www.kidsbowlfree.com</a>
Visit the horses at the Mounted Police Horse Stable	Free -call for schedule	1404 NW Naito Pkwy. Ptd 503- 823-2100 Thursday tours
Imago Theatre and Tears of Joy Puppet Theater	Cost: varies	<a href="http://www.imagotheatre.com">www.imagotheatre.com</a> <a href="http://www.tojt.org">www.tojt.org</a>
Oregon Children's Theater	Cost: varies	<a href="http://www.octc.org">www.octc.org</a> 503-228-9571
Northwest Children's Theater	Cost: varies	<a href="http://www.nwcts.org">www.nwcts.org</a> 503-222-2190 1819 NW Everett Ptd
World Forestry Center Discovery Museum	Cost: Adults \$7 Kids 3-18 \$5 62+ \$6	<a href="http://www.worldforestry.com">www.worldforestry.com</a> 503-228-1367 4033 SW Canyon Rd Ptd
Portland Aquarium	CLOSED	<a href="http://www.portlandaquarium.nen">www.portlandaquarium.nen</a> 503-303-4721 16323 SE McLoughlin Blvd Milwaukie
Ice Skate at Lloyd Center Rink	Cost \$14 to \$16 Skate rental \$4	<a href="http://www.lloydcenterice.com">www.lloydcenterice.com</a> 503-288- 6073
Oregon Historical Society Museum	Free for Mult. Co Residents Adults \$11 Kids 6-18 \$5	<a href="http://www.ohs.org">www.ohs.org</a> 503-306-5198 1200 SW Park Ave Ptd See site for free days